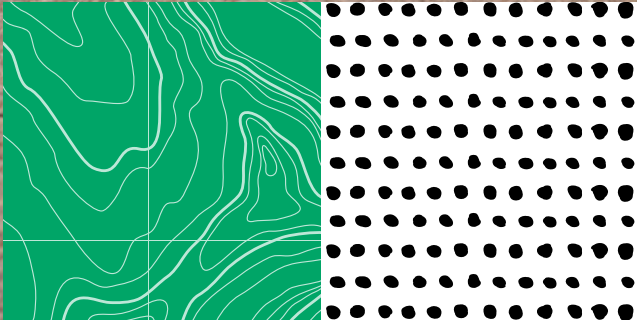
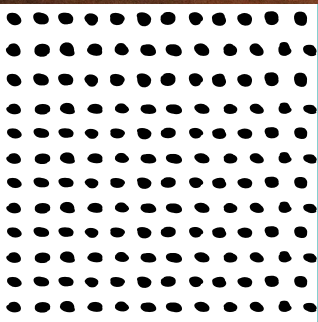


CITY OF SOUTH PERTH

PUBLIC HEALTH PLAN

2020-2025





We acknowledge and pay our respects to the traditional custodians of this land, the Whadjuk people of the Noongar nation and their Elders past and present.

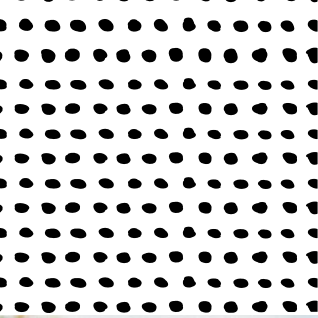


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ACCESS AND INCLUSION

This Plan is available in alternative formats upon request, including Braille, large print, electronic and audio format on CD. National Relay Service (NRS): 13 36 77
Translating and Interpreting Service (TIS): 13 14 50



EXECUTIVE SUMMARY



The City of South Perth is committed to improving the health and wellbeing of its community. The City's first Public Health Plan is a guide to integrating a public health focus into existing services and facilities and future public health initiatives.

It reports on the current health status of the community and identifies areas where the City can make a contribution to the improvement of health outcomes for the community and visitors.

One of the key aspirations of the Public Health Plan is to partner with other organisations and institutions to improve the health and wellbeing of the community, deliver programs that address health concerns and reduce the burden of chronic disease.

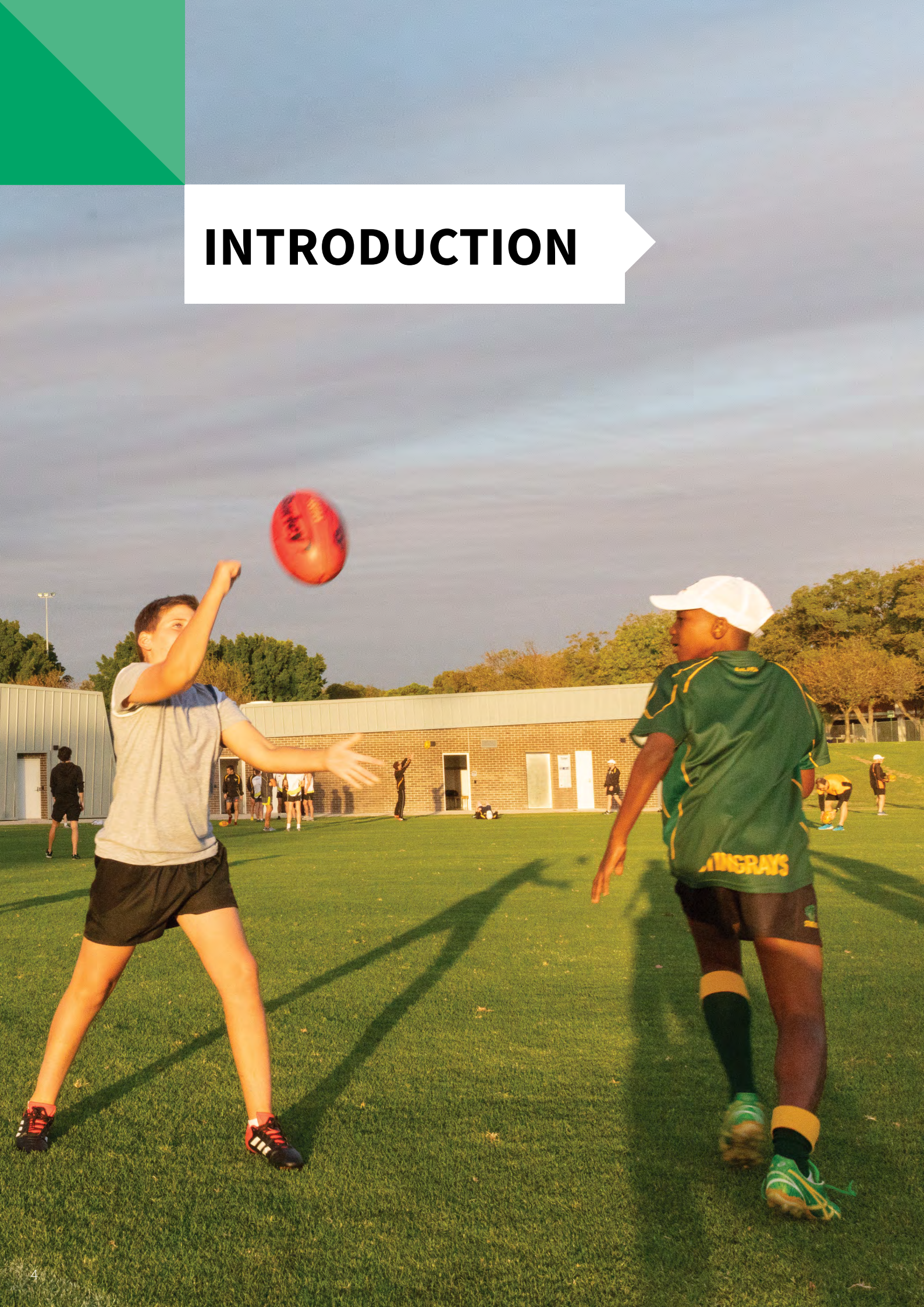
Today, the leading causes of death and disability in Australia are chronic diseases such as cancer, cardiovascular disease, diabetes and mental health conditions (Australian Institute of Health and Welfare, 2018). Many of these chronic diseases have lifestyle risk factors which increase the chances of a person getting a chronic condition. Our aim through the Public Health Plan is to target these behavioural lifestyle choices such as healthy eating, physical activity, harmful tobacco and alcohol use to achieve healthier outcomes for our community.

The priority areas identified by the City are:

- Public health protection
- Chronic disease prevention and management
- Mental health.

Within each priority area there will be a corresponding suite of key actions the City will undertake over the next five years to target chronic disease risk factors and protect public health. These actions will be reviewed annually and a new Public Health Plan will be written every five years, developed from information gathered from the previous plan.

INTRODUCTION



WHAT IS PUBLIC HEALTH?

The State's *Public Health Act 2016* defines public health as:

- The wider health and wellbeing of the community
- The combination of safeguards, policies and programs designed to protect, maintain, promote and improve the health of individuals and their communities and to prevent and reduce the incidence of illness and disability (State Public Health Plan for Western Australia, 2019).

EXAMPLES OF WHAT PUBLIC HEALTH INCLUDES

	Safe and nutritious food
	The way our communities are designed
	Safe drinking water
	Walking trails and cycle routes
	Smoke and alcohol free environments
	Waste management

	Recreational facilities, sports grounds and parks
	Events, places and activities that bring the community together
	Health information and education programs
	Safe housing
	Maintaining high levels of immunisation
	Optimal mental health and wellbeing

The sustainable health review undertaken in 2017 by the Government of Western Australia commits to eight enduring strategies and recommendations for the future direction of public health. The first enduring strategy is a commitment to collaborate and address major public health issues. These issues were identified as halting the rise in obesity in WA, reducing harmful alcohol use, reducing inequity in health outcomes and access to care for vulnerable groups such as Aboriginal people, culturally and linguistically diverse people and people living in low socioeconomic conditions.

SOCIAL DETERMINANTS OF HEALTH

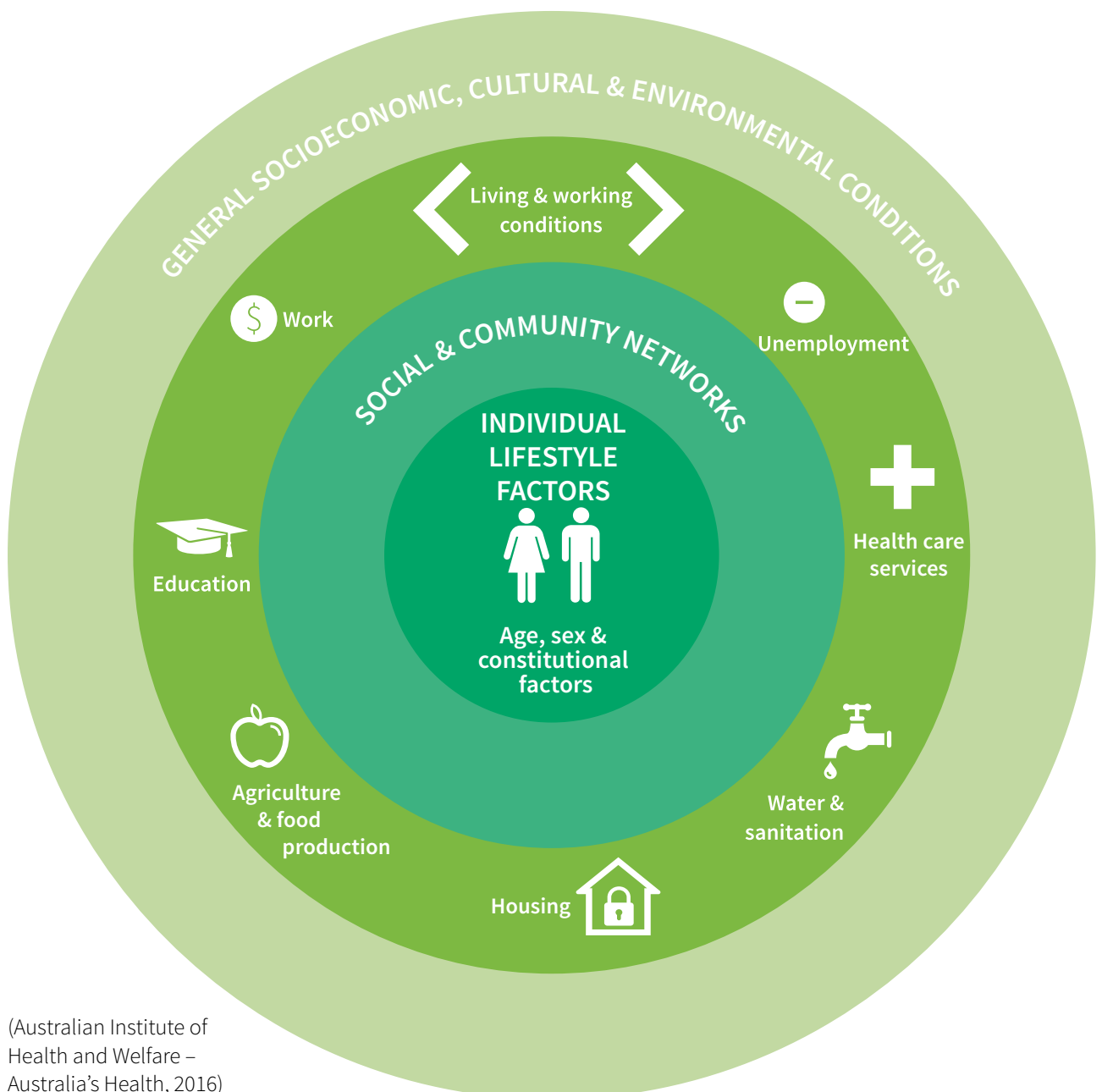
“The conditions in which a person is born, grows up, lives, works and ages and in turn influences their opportunity to be healthy, their risk of illness and life expectancy.”

(World Health Organisation, 2017)

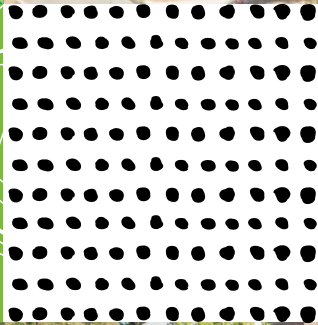


The City recognises that the social determinants of health contribute to a person’s health and wellbeing. The World Health Organisation defines social determinants as “the conditions in which a person is born, grows up, lives, works and ages and in turn influences their opportunity to be healthy, their risk of illness and life expectancy” (World Health Organisation, 2017). The City acknowledges that health outcomes are complex and are determined by a number of factors including social, economic, cultural and environmental factors which must be taken into account when considering planning for public health.

The Public Health Plan is a broad community-wide plan which endeavours to work towards better health outcomes for the City. However it is acknowledged that a number of risk factors can contribute to poorer health outcomes. Low financial security, unemployment and homelessness can lead to decreased health status. Similarly those living with a disability and minority groups may also encounter barriers to achieving good health. The City engages in a number of ways to address some of these factors, such as service delivery through our senior citizen centres and libraries and in partnerships with local groups and clubs.



(Australian Institute of Health and Welfare – Australia’s Health, 2016)

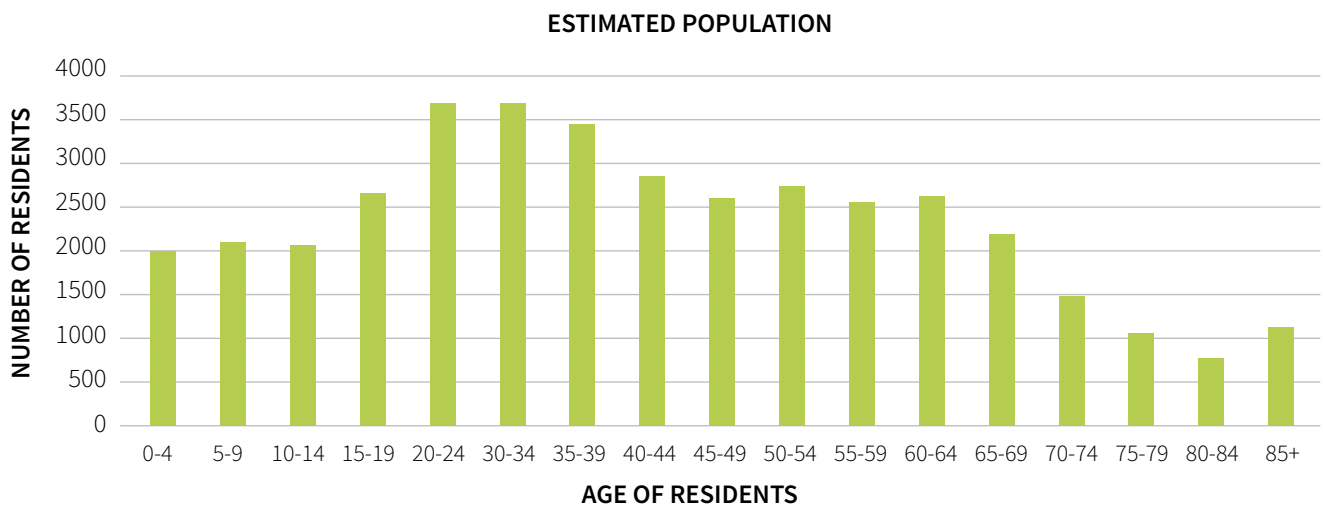


OUR COMMUNITY



Population density: 22.08
people per hectare

The City of South Perth Local Government Area covers an area of 20 square kilometres. In 2016 the City's total population was 41,985 (Australian Bureau of Statistics, 2016). Aboriginal people accounted for 1.3 per cent of the population and 22 per cent were from non-English speaking backgrounds.



COMMUNITY SNAPSHOT		
<p>36% were born overseas</p>	<p>22% from non-English speaking backgrounds</p>	<p>35% residents renting</p>
<p>1.3% (532) Aboriginal population</p>	<p>37 median age</p>	<p>92.8% are employed</p>

Top five languages spoken at home other than English are Mandarin, Cantonese, Indonesian, Italian, Persian/Dali. Top five countries of birth (non-English speaking) are Malaysia, China, India, Indonesia and Singapore



OUR HEALTH STATUS



91.7%

Of residents do not eat the recommended five serves a day



53%

Over half of our residents are overweight or obese



Nearly **20%** of residents have high cholesterol



One third of residents eat fast food at least weekly



49%

Of residents eat less than two serves of fruit daily

Physical activity Over a third of residents over 18 do less than 150 minutes of physical activity per week. 28.9% spend 21 or more hours per week in sedentary leisure time e.g. watching television or using computers.

Alcohol use 26.6% of residents drink at high risk levels for long-term harm (more than two standard drinks on any one day) while just over 10% drink at high risk levels for short-term harm (more than four drinks per day).

Mental Health 15.1% of the community have been diagnosed by a doctor with a stress related problem, depression, anxiety or other mental health problem in the last 12 months.

Today the leading causes of death and disability in Australia are chronic diseases such as cancer, cardiovascular disease, diabetes and mental health conditions (Australian Institute of Health and Welfare, 2018).

A range of risk factors increase the likelihood of a person developing chronic diseases (Australian Institute of Health and Welfare, 2016). These factors include:

- Lifestyle or behavioural risk factors
- Biomedical risk factors
- Non-modifiable risk factors such as age, sex and genetics
- Social and economic determinants
- Physical environment determinants (City of South Perth Health and Wellbeing Profile, 2019).

Chronic disease	BEHAVIOURAL RISKS				BIOMEDICAL RISKS		
	Tobacco smoking	Insufficient physical activity	Alcohol	Dietary risks	Excess body weight	High blood pressure	Abnormal cholesterol
Coronary heart disease	x	x	-	X	x	x	X
Stroke	x	x	x	-	x	x	X
Type 2 diabetes	x	x	-	X	x	-	-
Colorectal cancer	x	-	x	X	x	-	-
Oral health	x	-	x	X	-	-	-
Breast cancer	-	-	x	-	x	-	-
Lung cancer	x	-	-	-	-	-	-
COPD	x	-	-	-	-	-	-

Table 1: Associations between chronic diseases and risk factors

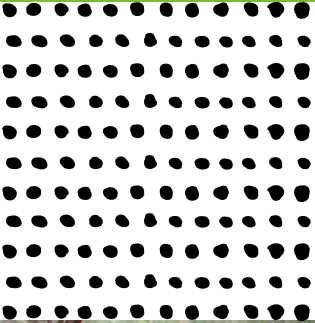
The City of South Perth Community Health Profile, 2019 was developed by the East Metropolitan Health Service (EMHS). This profile gives an overall picture of health of the community, by combining all available population health data from a variety of sources relating to lifestyle and biomedical risk factors, social and economic determinants of health, along with current health conditions, death, immunisation and early childhood development (EMHS, 2019).

Top five causes of death in males in the City of South Perth 2011-2015

CONDITION	CITY OF SOUTH PERTH		WA
	Estimated population	All cases (%)	All cases (%)
Ischaemic heart diseases	104	14.5	14.3
Dementia (including Alzheimer's disease)	79	11.0	4.7
Cerebrovascular diseases	39	5.5	4.5
Lung cancer	35	4.9	6.5
Chronic obstructive pulmonary disease (COPD)	28	3.9	4.1

Top five causes of death in females in the City of South Perth 2011-2015

CONDITION	CITY OF SOUTH PERTH		WA
	Estimated population	All cases (%)	All cases (%)
Dementia (including Alzheimer's disease)	194	20.1	10.2
Ischaemic heart diseases	117	12.1	12.0
Cerebrovascular diseases	76	7.9	7.6
Breast cancer	38	3.9	4.1
Accidental falls	33	3.4	1.9



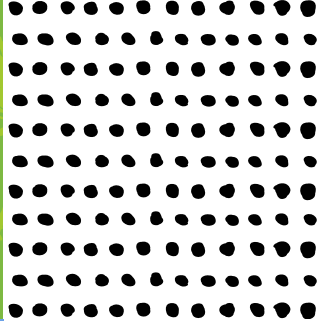
ABORIGINAL HEALTH





In 2016 there were 532 Aboriginal people within the City of South Perth. This made up 1.3 per cent of the population (Australian Bureau of Statistics, 2016). A breakdown of health data for Aboriginal people is not available for the City due to the small sample size (East Metropolitan Health Service (EMHS), 2019).

The City consults with the Aboriginal Reference Group (ARG) on a regular basis and for Aboriginal health matters liaises with Moorditj Keila and the EMHS. Both of these services provide Aboriginal healthy lifestyle programs in the City under the EMHS Aboriginal Health Strategy. Moorditj Keila runs Aboriginal health programs from the Manning Community Centre.



PUBLIC HEALTH IN LOCAL GOVERNMENT

Local governments have a long history of public health protection to provide, organise and maintain basic public health services such as waste, sewerage, pollution and compliance with local laws such as animal control and nuisances. Changing community expectations and improved understanding about health and its determinants has reinforced the unique position of local governments to influence health.



INFECTIOUS DISEASES

The City has a responsibility for public health protection and to minimise the risk of disease transmission. During times of an epidemic or pandemic the City abides by state and federal government health directions. The City will take a leadership role, coordinating the social and economic response and recovery activities. The City will also endeavour to keep the community informed with up to date health information issued by relevant health authorities.

In line with the West Australian Government Pandemic Plan and the State Hazard Plan for Human Biosecurity the City will (if required) in the event of an epidemic or pandemic:

- Provide Environmental Health Officers to Metropolitan and Regional Human Epidemic Coordination Centres, as required
- Assist with the investigation of human epidemics
- Assist with monitoring of food safety
- Assist with the safe disposal of contaminated waste
- Assist with the control of vermin or insect infestations, including reservoir elimination programs
- Provide support with other local resources as requested by the State Human Epidemic Controller or local, state, metropolitan or regional Human Epidemic Control Centres.

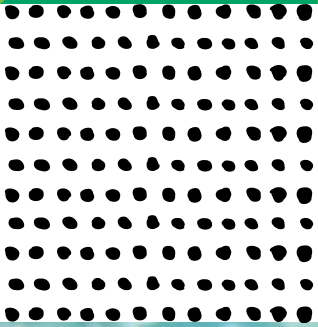
PUBLIC HEALTH ACT 2016

The *Public Health Act 2016* was introduced in 2016 to repeal much of the outdated health legislation within *Health Act 1911*. The key features of the *Public Health Act 2016* include:

- Promoting public health and wellbeing in the community
- Helping to prevent disease
- Injury, disability and premature death
- Encouraging individuals and communities to plan for, create and maintain healthy environments
- Collecting relevant health data to further research health risks.

One of the legislative obligations for local governments under the new Act is the development of a local Public Health Plan.

The City's Public Health Plan is a five year plan which provides a framework of the City's commitment to improve the health and wellbeing of its community. The Plan is developed with health data supplied by the East Metropolitan Health Service, the priorities of the State Public Health Plan and community engagement.



STRATEGIC DIRECTION

The City's Strategic Community Plan 2020-2030 (SCP) outlines the community's aspirations and priorities for the City of South Perth. The overarching vision for the City is of active places and beautiful spaces with a connected community, accessible and vibrant neighbourhoods and a unique, sustainable natural environment.

The Strategic Community Plan 2020-2030 (SCP) recognises the importance of effective working partnerships with government agencies, non-government organisations, businesses and the community as critical to its success. This approach has been reflected in the Public Health Plan and the City will take an active role in pursuing partnerships and collaborating with other organisations across the key action areas to promote and improve the health and wellbeing of the City.

The SCP seeks to 'encourage and educate the community to embrace sustainable and healthy lifestyles'. Several of the key actions outlined in the implementation plan seek to facilitate healthy lifestyles and play an important role in enhanced community participation and engagement. Connected communities can contribute to improved health outcomes for individuals and the overall health of the community.

Community infrastructure is essential to health. As part of the SCP the City is committed to maintaining properties, assets and facilities and developing community infrastructure to respond to changing community needs and priorities. One of the priorities of the Public Health Plan is the ongoing maintenance of parks, walking routes, sports ovals, leisure facilities and implementation of the Joint Bike Plan.

PLANNING FOR THE FUTURE

Part of the City's vision for the future, as articulated in the SCP, includes planning for a new Recreation and Aquatic Facility (RAF) with an explicit focus on improving health outcomes through preventative health activities. The proposed RAF will provide an integrated model of health and deliver a range of exercise and wellness programs. In addition the RAF will include a wide range of sporting and recreational activities such as swimming, golf and playing courts. The City is actively developing partnerships with key stakeholders to deliver this objective.

The City will seek to establish a Public Health Reference Group to provide advice on implementation of the Public Health Plan and emerging public health issues. Membership will be drawn from community groups, health professionals and interested community members.

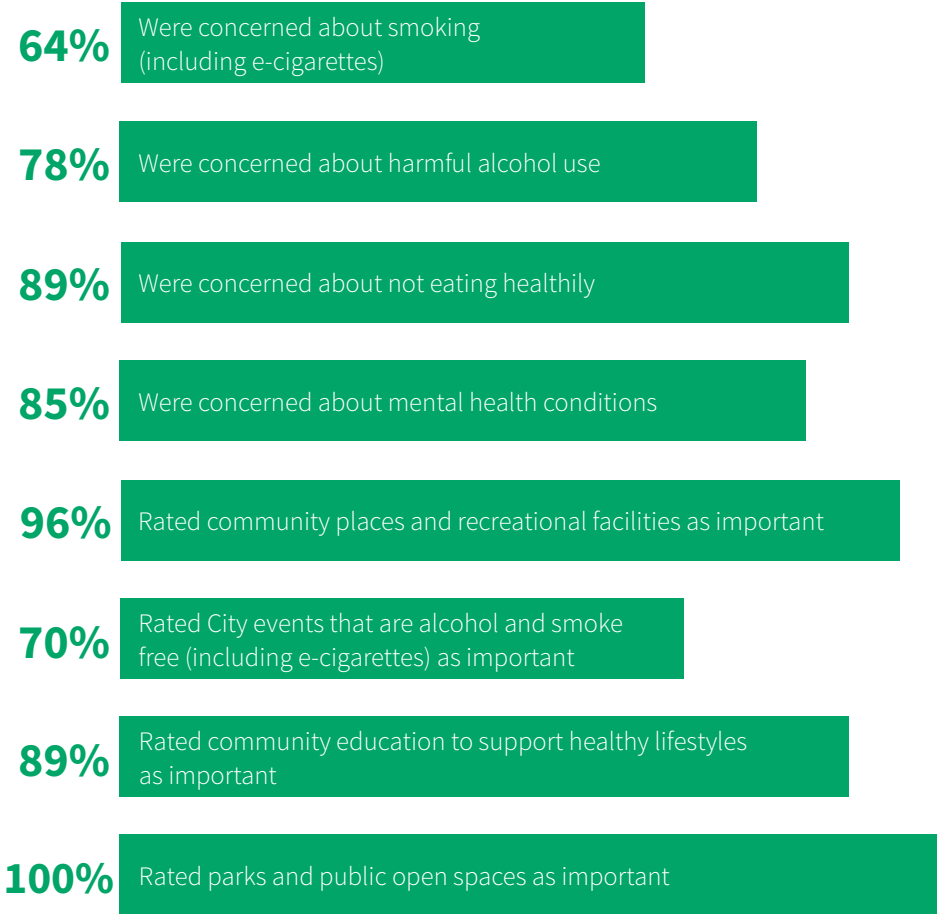


COMMUNITY ENGAGEMENT



The Public Health Plan has been developed and informed by data from State Government and feedback gathered from the community during the engagement period held between November and December 2019. The community was invited to give their feedback on areas identified as public health priorities in the State Plan and community health profile data to determine perceived areas of concern. Secondly the community was asked to rank the importance of what services/infrastructure the City offered in relation to maintaining public health. Lastly the community was invited to share their most significant public health concerns.

From the responses gathered the community rated the following:





OUR PRIORITIES

To improve and enhance the health and wellbeing of the community, through the Public Health Plan the City has adopted three priority areas. These are a reflection of the health status of our community, issues raised during the community engagement process and the State Public Health Plan.



1. Public health protection

The City plays an important role in public health protection, managing risks relating to food safety, vector management and health related complaints.

2. Chronic disease prevention and management

Recognising the burden that chronic diseases place on the wellbeing of our community, the City will deliver and where appropriate partner with other organisations to deliver a range of initiatives to address identified risk factors such as obesity, poor nutrition, alcohol and tobacco use.

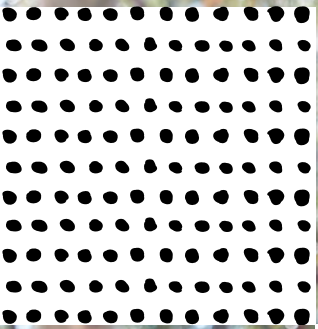
3. Mental health

The City will help raise awareness of mental health issues through partnering with organisations such as Act Belong Commit to provide opportunities for individuals to be mentally, physically, spiritually and socially active in the community.

The action areas for each of the key priorities are shown in Appendix 1 – our priorities.

For each action, the City's level of involvement (and potential involvement) has been listed using the following categories:





RESOURCING

Public health planning is a key responsibility of local government and is met by existing resourcing. The intention of public health planning is to require local government to assess and ensure their resources are used in the most appropriate and efficient way to address the public health needs of the local population, rather than increase the number of services provided. One of the objectives of the Public Health Plan is to partner and collaborate with other organisations and institutions to improve health outcomes for the City.

EVALUATION

Implementation of the Public Health Plan will be reviewed annually by the City. Input will be sought from responsible business units, the Public Health Reference Group and Council with revisions made where necessary. An annual report on implementation will be provided to Council and made publicly available.

In 2024 the City will undertake an extensive consultation and review process to assist with the development of the next Public Health Plan.

APPENDIX 1: OUR PRIORITIES

PRIORITY AREA 1 – PUBLIC HEALTH PROTECTION

	KEY ACTIONS	KEY OUTCOMES	ROLE OF CITY	RESPONSIBLE SERVICE UNIT	2020/21	2021/22	2022/23	2023/24	2024/25
1.1 FOOD SAFETY									
1.1.1	Undertake food safety inspections of all registered food businesses under the <i>Food Act 2008</i>	<ul style="list-style-type: none"> All food businesses inspected for food safety Numbers of premises registered and inspected on risk basis Issuing of notices, Infringements and legal action for non-compliances 	Provider	Environmental Health	✓	✓	✓	✓	✓
1.1.2	Promote the availability of free food safety training for registered food businesses in the City	<ul style="list-style-type: none"> Number of food handlers trained in the City 	Provider	Environmental Health	✓	✓	✓	✓	✓
1.1.3	Investigate instances of food borne illness	<ul style="list-style-type: none"> Respond and investigate as required to all formally reported instances of food borne illness 	Provider	Environmental Health	✓	✓	✓	✓	✓
1.2 VECTOR MANAGEMENT									
1.2.1	Managing the Mosquito Management Plan for the City	<ul style="list-style-type: none"> Monitoring of mosquito numbers in affected areas Treatments undertaken as required under the Mosquito Management Plan 	Provider	Environmental Health	✓	✓	✓	✓	✓

	KEY ACTIONS	KEY OUTCOMES	ROLE OF CITY	RESPONSIBLE SERVICE UNIT	2020/21	2021/22	2022/23	2023/24	2024/25
1.3 HEALTH RELATED COMPLAINTS									
1.3.1	Noise Complaints	<ul style="list-style-type: none"> Investigations of complaints of excessive noise under the <i>Environmental (Noise) Protection Regulations 1997</i> 	Provider	Environmental Health	✓	✓	✓	✓	✓
1.3.2	Other environmental health related complaints under the <i>Local Government Act 1995</i> and <i>Public Health Act 2016</i>	<ul style="list-style-type: none"> Investigation and management of nuisance health complaints under the relevant health legislation 	Provider	Environmental Health	✓	✓	✓	✓	✓
1.4 PUBLIC BUILDINGS									
1.4.1	Public Building Compliance	<ul style="list-style-type: none"> All public buildings in the City inspected on an annual basis for compliance for safety and emergency measures under the provisions of the <i>Public Health Act 2016</i> 	Provider	Environmental Health	✓	✓	✓	✓	✓
1.5 INFECTIOUS DISEASES									
1.5.1	Epidemic Pandemics In the event of an epidemic/pandemic, health staff are available to undertake additional duties that may arise	<ul style="list-style-type: none"> Comply with the Local Government requirements detailed within West Australian Government Pandemic Plan and State Hazard Plan for Human Biosecurity when enacted Staff able to communicate available health information both internally and externally to customers regarding current public health issues 	Provider	Environmental Health	✓	✓	✓	✓	✓

PRIORITY AREA 2 – CHRONIC DISEASE PREVENTION AND MANAGEMENT

	KEY ACTIONS	KEY OUTCOMES	ROLE OF CITY	RESPONSIBLE SERVICE UNIT	2020/21	2021/22	2022/23	2023/24	2024/25
2.1 INCREASING PHYSICAL ACTIVITY AND PROGRAM MANAGEMENT									
2.1.1	Planning for, and building, the Recreation and Aquatic Facility (RAF)	<ul style="list-style-type: none"> A multi-purpose facility with an explicit focus on improving health outcomes and encouraging preventative health activities Collaboration with key stakeholders to deliver a range of exercise and health related programs to the community Provision of a wide range of sporting and recreational activities such as swimming, golf and playing courts Encourage social cohesion through participation in health related programs and sporting activities 	Supporter	All	✓	✓	✓	✓	
2.1.2	Establishment of the City's Public Health Reference Group	<ul style="list-style-type: none"> The City will establish a Public Health Reference Group to provide advice on implementation of the PHP and emerging public health issues 	Supporter	Community, Culture and Recreation (CCR)	✓	✓			
2.1.3	Ensure residents have access to leisure facilities that promote physical activity and wellbeing	<ul style="list-style-type: none"> Maintain and encourage use of parks, walking routes, sports ovals and leisure facilities 	Provider	Programs Delivery	✓	✓	✓	✓	✓
2.1.4	Encourage community participation in events that support healthy lifestyles and physical wellbeing	<ul style="list-style-type: none"> Support events which encourage healthy lifestyles Support activities that increase physical wellbeing Continue support of local sporting clubs 	Planner Supporter partner	CCR/ Libraries	✓	✓	✓	✓	✓
2.1.5	Encourage and promote increased physical activity and/or wellbeing amongst residents	<ul style="list-style-type: none"> Support and encourage initiatives and activities which increase physical wellbeing 	Planner Supporter Partner Provider	CCR/ Libraries	✓	✓	✓	✓	✓
2.1.6	Enable residents to engage in physical activity	<ul style="list-style-type: none"> Increase local opportunities for physical activity through integrated planning and design incorporating principals of Healthy Active by Design 	Planner Coordinator	Strategic Planning	✓	✓	✓	✓	✓

	KEY ACTIONS	KEY OUTCOMES	ROLE OF CITY	RESPONSIBLE SERVICE UNIT	2020/21	2021/22	2022/23	2023/24	2024/25
2.1.7	Provide infrastructure that allows use of bicycles as a form of transport and recreation in the City of South Perth	<ul style="list-style-type: none"> Continue implementation of the joint Bike Plan for the City of South Perth and Town of Victoria Park Investigate future opportunities to expand on cycling routes throughout the City 	Partner Coordinator Provider	Strategic Planning/ Assets and Design	✓	✓	✓	✓	✓
2.1.8	Expansion of outdoor exercise parks and playground facilities	<ul style="list-style-type: none"> Strategy developed for expansion of outdoor exercise parks and playground facilities with adequate shade 	Planner Provider	CCR	✓	✓	✓	✓	✓
2.2 HEALTHY NUTRITION									
2.2.1	Improve access to healthier food choices at City owned premises and events	<ul style="list-style-type: none"> Develop and adopt a healthy food and drink policy for City of South Perth buildings, services and events Investigate a healthy vending machine policy 	Provider	CCR	✓	✓	✓	✓	✓
2.2.2	Increase health literacy amongst City residents	<ul style="list-style-type: none"> Explore and deliver local nutrition programs Investigate the control of advertising of unhealthy foods at City events and premises 	Provider	CCR	✓	✓	✓	✓	✓
2.2.3	Support local availability of fresh foods	<ul style="list-style-type: none"> Support farmers markets and existing community garden Continue to support providers to deliver food literacy programs in a variety of settings 	Planner Supporter Partner Coordinator Provider	CCR/ Environmental Health	✓	✓	✓	✓	✓
2.3 REDUCING TOBACCO USE (INCLUDING ELECTRONIC CIGARETTES AND OTHER PERSONAL VAPORISERS)									
2.3.1	Protection of the community from passive smoking	<ul style="list-style-type: none"> Enforcing tobacco legislation Promotion and support of smoking cessation initiatives Investigate implementation of smoke free policy for all City owned buildings and facilities in line with <i>Tobacco Products Control Regulations 2006 (WA)</i> Investigate smoke free open spaces 	Provider	Environmental Health/Rangers	✓	✓	✓	✓	✓
2.3.2	Enable the community to enjoy events without exposure to tobacco smoke	<ul style="list-style-type: none"> Continue to provide smoke free events and facilities Implement a smoke free policy for events 	Planner Supporter Partner Coordinator Provider	CCR	✓	✓	✓	✓	✓
2.3.3	Assist community in making healthy choices in relation to tobacco use	<ul style="list-style-type: none"> Tobacco harm information available at libraries Support initiatives to reduce tobacco use 	Planner Partner Provider	Libraries	✓	✓	✓	✓	✓

	KEY ACTIONS	KEY OUTCOMES	ROLE OF CITY	RESPONSIBLE SERVICE UNIT	2020/21	2021/22	2022/23	2023/24	2024/25
2.4 REDUCING HARMFUL ALCOHOL INTAKE									
2.4.1	Support community to reduce harmful alcohol intake	<ul style="list-style-type: none"> Partner local drug and alcohol groups (LDAG) to provide factual information regarding alcohol and other drugs Deliver in partnership with LDAG prevention focused activities Continue to offer a variety of alcohol free events for the community Encourage community groups to apply for Healthway sponsorships to promote Alcohol. Think Again message at alcohol free events organised by the City 	Partner Coordinator Provider	CCR	✓	✓	✓	✓	✓
2.4.2	Develop management policies for control alcohol in the City	<ul style="list-style-type: none"> Use of planning controls to determine number and locations of licenced premises in the City Consider how the City Alcohol Management plan may be reviewed to include public health Investigate scope and feasibility of an outdoor advertising policy restricting alcohol advertising on City owned property 	Provider	Planning/ CCR	✓	✓	✓	✓	✓
2.5 DEMENTIA									
2.5.1	The City will investigate partnership opportunities with relevant stakeholders to better understand the impact of dementia on the local community	<ul style="list-style-type: none"> Briefing paper that outlines the impact of dementia on the local community and possible future actions of the City Estimated completion date for briefing paper 2022/23 	Supporter	Environmental Health		✓	✓		

PRIORITY AREA 3 – MENTAL HEALTH

	KEY ACTIONS	KEY OUTCOMES	ROLE OF CITY	RESPONSIBLE SERVICE UNIT	2020/21	2021/22	2022/23	2023/24	2024/25
3 Mental Health									
3.1	Contribute to community wellbeing by offering socially inclusive events	<ul style="list-style-type: none"> Ensure events provided or supported by the City are inclusive and accessible to all members of the community 	Planner Supporter Partner Coordinator Provider	CCR /Libraries	✓	✓	✓	✓	✓
3.2	Increase community connectedness through programmes and partnerships with local groups	<ul style="list-style-type: none"> Continue to offer and partner with program providers to offer community based programs Support of local clubs and activities recognising the mental benefits of physical activity 	Supporter Partner Provider	CCR /Libraries	✓	✓	✓	✓	✓
3.3	Contribute to mental wellbeing of internal stakeholders by exploring mental health resources the City can share or deliver	<ul style="list-style-type: none"> Delivery of internal mental health awareness programs 	Partner Provider	CCR /Libraries	✓	✓	✓	✓	✓
3.4	Proactively support positive mental health promotion in individuals and the community through ACT, BELONG, COMMIT partnership	<ul style="list-style-type: none"> Provide opportunities for individuals to be mentally, physically, spiritually and socially active (ACT) Encourage individuals to join and actively participate in the organisation's activities and those of partner organisations (BELONG) Encourage individuals to become a volunteer to set personal goals for achievement in activities, and to be more broadly involved in other community events and environments (COMMIT) 	Planner	CCR	✓	✓	✓	✓	✓



APM

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Babolat

USEFUL CONTACTS

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Recycling Centre

9474 0970

Hayman Rd & Thelma St, Como
enquiries@southperth.wa.gov.au

Animal Care Facility

9474 0777

199 Thelma St, Como

George Burnett Leisure Centre

9474 0855

Manning Rd, Karawara
leisurecentre@southperth.wa.gov.au

South Perth Library

9474 0800

Cnr Sandgate St & South Tce, South Perth
southperthlib@southperth.wa.gov.au

Manning Library

9474 0822

2 Conochie Cres, Manning
manninglib@southperth.wa.gov.au

Old Mill

9367 5788

Melville Pl, South Perth
oldmill@southperth.wa.gov.au

South Perth Senior Citizens

9367 9880

53 Coode St, South Perth
spsc@bigpond.com

Manning Senior Citizens

9450 6273

3 Downey Dr (off Ley St), Manning
manningseniors@bigpond.com

Graffiti Hotline 1800 007 774

Collier Park Golf Course

9484 1666

Hayman Rd, Como
collierparkgolf.com.au

Collier Park Village

9313 0200

16 Morrison St, Como

9474 0777 | enquiries@southperth.wa.gov.au

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